

# Keeping In Touch

A Monthly Publication of Delta Central Office, Delta Intergroup of Alcoholics Anonymous



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No. 9  
September  
Vol. 2020

Our groups can now make donations to Delta Intergroup online using Zelle.  
Zelle your donations to [deltacentral312@gmail.com](mailto:deltacentral312@gmail.com). We will send you a receipt via return

## Let Us Know What's on Your Minds and In Your Hearts

We know there are a lot of our members who have something important to say. So, **please** share your thoughts, jokes, stories, and experiences with us. We want this to be a newsletter that showcases all the many voices in our community.

Send us your literary and artistic contributions at  
[deltacentral312@gmail.com](mailto:deltacentral312@gmail.com)

We want to hear from you!

## RECOVERY

### Step Nine

*"Made direct amends to such people wherever possible, except when to do so would injure them or others."*

A tranquil mood is the first requisite for good judgment. Good timing is important in making amends. What is courage? Prudence means taking calculated chances. Amends begin when we join A.A. Peace of mind cannot be bought at the expense of others. Need for discretion. Readiness to take consequences of our past and to take responsibility for well-being of others is spirit of Step Nine.

## UNITY

### Tradition Nine

*"A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."*

Special service boards and committees. The General Service Conference, the board of trustees, and group committees cannot issue directives to A.A. members or groups. A.A.'s can't be dictated to—individually or collectively. Absence of coercion works because unless each A.A. follows suggested Steps to recovery, he signs his own death warrant. Same condition applies to the group. Suffering and love are A.A.'s disciplinarians. Difference between spirit of authority and spirit of service. Aim of our services is to bring sobriety within reach of all who want it.

## SERVICE

### Concept Nine

Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.

## In This Issue

|                         |   |
|-------------------------|---|
| Birthday Gratitude Club | 2 |
| Group Birthdays         | 3 |
| Jump Down, Turn Around  | 4 |
| Belmont Hotel           | 4 |
| A Quiet Voice           | 4 |
| September Word Search   | 5 |
| September Calendar      | 6 |

|                             |   |
|-----------------------------|---|
| Intergroup Meeting (August) |   |
| Minutes (July)              | 7 |
| Treasurer's Report          | 7 |
| Inc/Exp Report              | 8 |
| Contributions               | 8 |
| DCO Report                  | 9 |
| P.I./C.P.C.                 | 9 |

## PROMISE NINE

*Our whole attitude and outlook upon life will change.*

AA can shift one's perspective from hopelessness to hope.  
People can begin to imagine a life where they are happy.

# ★ BIRTHDAY GRATITUDE CLUB ★

| Name         | Sobriety Date | Sober    |
|--------------|---------------|----------|
| Nancy K.     | 5/24/72       | 48 Years |
| Sharon R.    | 8/28/79       | 41 Years |
| June S.      | 4/13/80       | 40 Years |
| Marilyn M.   | 8/3/80        | 40 Years |
| Daniel R.    | 2/2/81        | 39 Years |
| Christine S. | 2/21/81       | 39 Years |
| Lauretta G.  | ??/?/81       | 38 Years |
| Linda C.     | 1/31/83       | 37 Years |
| John P.      | 6/1/85        | 35 Years |
| Lyndy W.     | 7/25/85       | 35 Years |
| John W.      | 7/20/85       | 35 Years |
| Ojay O.      | 11/18/85      | 34 Years |
| Jenise C.    | 1/1/86        | 34 Years |
| Arnold V.    | 4/8/86        | 34 Years |
| Arch B.      | 3/7/87        | 33 Years |
| GA B.        | 3/7/87        | 33 Years |
| Sue B.       | 4/25/87       | 33 Years |
| Sue P.       | 11/29/87      | 32 Years |
| Mona A.      | 2/4/89        | 31 Years |
| Ed T.        | 4/20/89       | 31 Years |
| Joy H.       | 6/2/90        | 30 Years |
| Jeff K.      | 2/16/92       | 28 Years |
| Betty P.     | 3/8/93        | 27 Years |
| Marla M.     | 9/11/96       | 24 Years |
| Cheryl H.    | 4/25/97       | 23 Years |
| Janice J.    | 1/20/99       | 21 Years |
| Candi G.     | 6/20/99       | 21 Years |
| Howard H.    | 2/14/01       | 19 Years |



| Name       | Sobriety Date | Sober    |
|------------|---------------|----------|
| Janice B.  | 8/29/02       | 18 Years |
| Mari P.    | 6/24/03       | 17 Years |
| Tony L.    | 7/18/03       | 17 Years |
| Douglas S. | 11/10/03      | 16 Years |
| Monica P.  | 12/1/03       | 16 Years |
| Fred C.    | 10/31/05      | 14 Years |
| Rafael A.  | 8/2/06        | 14 Years |
| Keith H.   | 9/13/06       | 14 Years |
| Phil G.    | 1/21/07       | 13 Years |
| AJ B.      | 10/20/07      | 12 Years |
| Tina L.    | 11/26/09      | 10 Years |
| Janice G.  | 10/26/10      | 9 Years  |
| Bob A.     | 3/31/11       | 9 Years  |
| Taylor E.  | 1/24/13       | 7 Years  |
| James M.   | 7/31/13       | 7 Years  |
| Kathy W.   | 1/11/15       | 5 Years  |
| Crystal L. | 3/30/15       | 5 Years  |
| Dezeria F. | 8/18/17       | 3 Years  |

***Thank You For Carrying The Message!***

**Join the K.I.T. B.G.C.**    ☐ NEW    ☐ RENEW    Date \_\_\_\_\_

Name \_\_\_\_\_ Last Initial \_\_\_\_ Sobriety Date: \_\_\_\_/\_\_\_\_/\_\_\_\_,

SUGGESTED CONTRIBUTION: \$1.00 EACH YEAR SOBER

Make checks payable to: DCO or Delta Central Office

Mail to or drop off at: 1525 N. ELDORADO #3

STOCKTON, CA. 95204



by Zelle to: **deltacentral312@gmail.com**

# September

## Group Birthdays 2020

### Big Bookers

|             |         |
|-------------|---------|
| Dave F.     | 8 years |
| Michelle F. | 8 years |
| Tracy       | 6 years |
| DeAnn P.    | 2 years |
| Kenn J.     | 1 year  |

### Bilingual Group

|          |          |
|----------|----------|
| Jerry S. | 32 years |
| Jose B.  | 32 years |
| Dawn H.  | 31 years |
| Edith H. | 8 years  |
| Jose S.  | 7 years  |

### Lodi Lite

|            |          |
|------------|----------|
| Willie J.  | 46 years |
| Lori D.    | 31 years |
| Lynn       | 30 years |
| Jean K.    | 30 years |
| Phill L.   | 25 years |
| Grechen    | 8 years  |
| Danette D. | 6 years  |
| Roxanne M. | 5 years  |
| Mark S.    | 4 years  |
| Aaron      | 4 years  |

### Women in Recovery

|          |          |
|----------|----------|
| Diana B. | 32 years |
| Dawn H.  | 31 years |

### Fremont Fellowship

|         |          |
|---------|----------|
| Cal W.  | 30 years |
| Mark D. | 15 years |

### Pershing Group

|            |          |
|------------|----------|
| Joe R.     | 44 years |
| David V.   | 40 years |
| William S. | 29 years |
| Deni S.    | 24 years |
| Frank L.   | 13 years |
| Jim D.     | 11 years |
| Sheila M.  | 10 years |
| Rick McR.  | 10 years |
| Debbie N.  | 6 years  |
| Jody S.    | 5 years  |
| Lisa G.    | 5 years  |
| Dan F.     | 5 years  |
| Andrea     | 4 years  |
| Jasmine R. | 4 years  |
| Arnold B.  | 4 years  |

### Porter Group

|            |          |
|------------|----------|
| David V.   | 40 years |
| Frank V.   | 35 years |
| William S. | 29 years |
| Edwardo P. | 23 years |
| Shelia M.  | 11 years |
| Maralee S. | 9 years  |



*Group*



**October 2020**

Please send  
Your Group's  
October  
Birthday  
list to:

**Deltacentral312**

**@gmail.com**

**By the 15th of  
September,**

**to be**

**published**

**in October's**

**Newsletter!**

**Thank you,**

**DCO**

|       |       |
|-------|-------|
| _____ | YEARS |
| _____ | YEARS |
| _____ | YEARS |
| _____ | YEARS |
| _____ | YEARS |
| _____ | YEARS |
| _____ | YEARS |
| _____ | YEARS |
| _____ | YEARS |
| _____ | YEARS |
| _____ | YEARS |
| _____ | YEARS |
| _____ | YEARS |
| _____ | YEARS |
| _____ | YEARS |

## JUMP DOWN, TURN AROUND

*Responsibility - Courage - Self-Acceptance*

About a six-months into my sobriety, I had my first experience in making an amends. It was not planned, it was not carefully crafted, and I was totally unprepared for the outcome. I was in my bank to challenge them on how they had “cheated” me. I was feeling frustrated, helpless and totally victimized by this authoritative entity. There was a long line, so the officers were helping those of us who were waiting. When asked how they could help me, I started off with my usual “You done me wrong!” rant. My voice rose until I was screaming so loudly that I suddenly *heard* myself. I put my hands up in a “wait a minute” gesture, bent my head, and quite literally turned around in place. “Let me start over,” I said quietly. I have no idea where those words came from, but came to me they did. It was not an apology, and it may not have passed muster as a genuine amends by many standards. It was, however, an *acknowledgement* that I was behaving badly, and that the people who were trying to help me deserved better.

For a long time, the ending I attached to this story included confession by the bank that they had indeed screwed me over. Thinking about it today, I’m pretty sure the mistake had been mine, after all. I probably did not get the outcome that had taken me to the bank. What I *did* get was an experience where, instead of calling security to have me removed from the building, they treated me with respect, and in the end that felt so much greater than the reward I had initially sought. They may have forgiven the overdraft fee, or they may not have done so. I really don’t remember. What I remember vividly was a sense of victory I felt when I walked out of the bank. I had behaved *differently*, in a way that felt dignified, rational, responsible, and adult. I had behaved in a manner which *I* could respect. And that feeling was pure gold to me. Whenever I need to make a difficult amends, I remember that first, stumbling experience, gird my loins, and move forward, assured of my reward.

Because, making an amends is not, to me, an act of asking for forgiveness from another. It is an act that is, in and of itself, an act of my forgiving *myself*. If I am looking for this gift from another, I am living with an expectation that can often lead to disappointment and resentment. This would be, for me, an amends gone wrong. I must see the very act of *making* the amends as an act to mend both myself and the person I have harmed. It is not their job to mend me with their forgiveness. The mending must come from within me.

I do not feel that I am humbling myself when making an amends. For, each time I practice self-acceptance, I feel enriched rather than diminished. When I allow myself to embrace my flaws as an intrinsic part of myself, I then have the space to work on them because I have truly accepted them as a part of me and not some alien presence I fail to recognize. Making my amends in Step Nine is the outward manifestation of the internal work I have had to undertake in Steps Six, Seven, and Eight. Truly, the Steps are in their order for good reason.

*- Lynne R., Women In Recovery*

## The Belmont Hotel

*Sanity, and Much More, Restored*

On my way into work this morning I heard a song about a place called the Belmont Hotel. I listened to the songwriter’s take on the lyrics and how they could be a metaphor for his life. His words and his lyrics really spoke to me, and I heard in them a song about abandonment and redemption.

The Belmont Hotel of today had apparently once been a very pedestrian 1950’s motor court which, by the 1990’s, had become ramshackle, run down, and abandoned. “The windows were busted, big holes in the walls, And madmen and wildlife was roamin’ the halls.” Come the 2010’s, investors with a vision not only restored it, but made it into an elegant luxury hotel that’s “better than brand new now”. In my final drinking days, I had no idea that this insanity I called my life could ever be healed. Just as I abandoned myself to my disease of alcoholism, I and many others are also living proof of the miracles of restoration and renovation that are possible in sobriety.

The songwriter said it better than I could. “If you don’t give up on something, and if you put in the time, and if you put in the work, you can take something that could easily be abandoned, like a band, like a marriage, and you can make it beautiful again, and can breathe life into it.” Just so, our sobriety can restore us to sanity.

Like the Belmont Hotel, I have experienced the miracle of restoration and know that I am “better than brand-new now”, a better version of myself than I could have thought possible.

Thank you for the song.

*- Lynne R., Women In Recovery*

## A Quiet Voice

About a month after I started working at the Central Office, a very lovely lady came by offering to help out as a volunteer. I hadn’t yet figured out the basics and didn’t know what kinds of help I needed. So I asked her to come back after I’d gotten my bearings.

Well, she did come back. And that’s how I got to know Estalee H. She had a quiet voice, a gentle voice, and a laugh that came from the bottom of her soul. Estalee survived a lot in her life, and she carried herself with courage, grace, and dignity. Estalee taught me that you don’t need to be loud to be strong.

I miss that quiet voice.

Thank you for bringing grace into my life



# SEPTEMBER WORD SEARCH

From the Big Book of Alcoholics Anonymous

A R E B O S V B S E L F E S T E E M R Y  
Q U V W D E N I A L T L A U P C V R B M  
U W R N A B N N K L P E R O L S G E F V  
N G E U Z D E S P E R A T I O N X W B M  
X M A C B N E A V I O F N V B O G O L J  
A B W O R D Y N A N C H S N X I T P A C  
E L A N T X N I N T H S T E P T Z R U P  
M A C T I O N T W H O T M C Z I S E G W  
W M X O Q U E Y W C U I R E M D D H H Y  
B E P O H E R I N E W L V E R A X G T G  
P R R W C O T E E N L O M F D R E I E R  
R E I Z F X L P E F R V G I F T S H R A  
F N D G H B E I E A M E E V C O S E O T  
M U E F M R H X S T E R M S R L S Y C N  
L P D U P E O G E M M S K E T P T G J E  
S C H A O S P L F J J N N X D E E R G D  
X S D Y T P B I P M I E T H E L P C E S  
A N E F H E G F O R G I V E N E S S R K  
V B R I D C E E D U T I T A R G S D E L  
N E E D L T O P D B X Z P P R O M I S E

ACTION  
ALCOHOLISM  
AMENDS  
BLAME  
CHAOS  
DENIAL  
DESPERATION  
DRINK  
EGO  
ENVIOUS  
FORGIVENESS  
GENEROSITY  
GIFTS  
GRATITUDE  
GREED  
HIGHER POWER  
HOPE  
HUMBLE  
INSANITY  
LAUGHTER  
LIFE  
LOVE  
NINTH STEP  
PRIDE  
PROMISE  
RESPECT  
SELF ESTEEM  
SOBER  
STEPS  
TRADITIONS  
TWELVE STEPS

# September 2020

| Sun | Mon | Tue  | Wed   | Thu | Fri | Sat   |
|-----|-----|--|---|-----|-----|---|
|     |     | 1 Advisory Board<br>7:00 p.m. Zoom id:<br>3690510958<br>Pw: advisory | 2   | 3   | 4   | 5 Saturday Night Live<br>7:30 p.m. Speaker 8 p.m.<br>Zoom id: 3690510958<br>Pw: ZOOMSNL |
| 6   | 7   | 8  | 9 Delta Intergroup<br>7:00 p.m. Zoom id:<br>3690510958<br>Pw: advisory          | 10  | 11  | 12 P.I.C.P.C<br>9 a.m.—11 a.m.<br>Zoom id: 364 493 041<br>Pw: 564501                    |
| 13  | 14  | 15   | 16 District 37 GSR (Stockton)<br>7:00 p.m. Zoom id:<br>385081680<br>pw: 6660980 | 17  | 18  | 19  |
| 20  | 21  | 22   | 23  | 24  | 25  | 26  |
| 27  | 28  | 29   | 30  |     |     |   |



## Delta Intergroup Meeting Minutes

July 8, 2020

**Opening Prayer:** Crystal    **Twelve Traditions:** Woody    **New Reps:** none

**Minutes from last meeting:** Written by Lisl L and emailed to Lynne on June 18<sup>th</sup> to be included in the July meeting. (and forgotten about) Read out loud by Robbie and approved with corrections.

**Treasurer's report:** Read and submitted by Lynne R. A detailed income and expense report provided with monthly expenses and account balances. Discussed and questions answered. For details see treasurers report. Motion made to accept treasurers report and passed.

**Central Office Report:** Lynne R. report read and submitted for discussion. Central office is fully open. New copy machine is up and running. Office phone Line is working the number is (209) 464-1509. For details see Assistant Manager's Report for July 8, 2020

**Teleservice:** Billy R 209-430-4003 all positions filled

**Newsletter:** Newsletter is posted on the website at [aadelta.org](http://aadelta.org) under "Current Newsletter ad Flyers" remember to email your meetings birthday list to [delta312@sbcglobal.net](mailto:delta312@sbcglobal.net) by the 15<sup>th</sup> of the month. Please encourage your membership to send stories to be published in the newsletter.

**Delta Website:** Webmaster is Steve N. at [Delta312@sbcglobal.net](mailto:Delta312@sbcglobal.net) Meeting schedules continue to be updated, virtual and physical. Please email any opening or closing, virtual and physical meeting changes to [meetings@aadelta.org](mailto:meetings@aadelta.org) the website will be updated as we receive the information. Printable schedules will be updated on the 1<sup>st</sup> and 15<sup>th</sup> of the month.

**Saturday Night Live:** Canceled for July.

**PI/CPC:** Melody T. written report – no current plan for the resumption of the Drunk Driving Schools, normal operations of the Court, visitation to our corrections and treatment facilities. Outline included in Melody's report regarding the virtual beginners' meeting series. See report for details. Outreach to Professionals: the professionals page will include a link to [aa.org](http://aa.org) and the wealth of information, videos and pamphlets available there. Ongoing discussion regarding how BTG might be involved as a resource to professionals in on-on-one settings. This will be further discussed at upcoming meeting.

**Bridging the Gap:** Melody T. written report – BTG in need of a chair person. PO Box is being checked and correspondence answered.

**H&I:** Met via Zoom. Needs a Chairperson. Has a new secretary

**District 37:** Needs a rep. will be on zoom see newsletter for details.

**NCCAA:**

**Old Business:** encourage intergroup reps to create and use an IGR email instead of personal email.

**New Business:** SNL on zoom. possibility of having Fall Fest in October as a Zoom Conference/Webinar this year. Will need to begin planning right away and can include people from throughout the district

**Announcements:** Bilingual Fellowship need support. Masks are required, it reopened June 12.

**Closing:** Lord's Prayer



## Delta Intergroup **Treasurer's Written Report**

August 12, 2020

Dear Intergroup Family,

July had a few very pleasant surprises for us. Our donations rose from \$664.41 to \$1,807.93, a very respectable number even in pre-Covid times. That brings our total donations for the year-to-date to \$13,667.00. Our Literature sales also nearly tripled from \$536.26 in June to \$1,597.51 in July.

Our Combined Accounts balance rose from \$11,193.95 to \$12,761.39, a robust increase of \$1,567.44.

The Central Office closed with a profit of \$839.31 for the month of July, and a \$6,268.95 profit for the year to date.

**Zelle Account:** A reminder that we are now able to receive donations into our account using a new email address: [deltacentral312@gmail.com](mailto:deltacentral312@gmail.com). If you are making a donation for your group, please be sure to include your group's name in the memo section. Otherwise, we will be overcounting our donations from "Anonymous Members". If you also include an email address (yours or your group's IGR email) we can send you an acknowledgement and thanks for the support.

**PayPal Account:** I am in the process of setting up a PayPal Account. They have discounted rates for nonprofits which makes them very competitive with our current Square. We will either use the same email account that we use for Zelle, or we can add a "Donate Button" to our website, or maybe both. This should be seen as part of an ongoing project to provide ourselves with a broad-based digital platform for receiving and managing donations from our members. I have learned that this is not only a response to the temporary COVID-19 environment, but a move to address the permanently changing ways in which our members of all ages are managing their money.

Loving in Service,

Lynne Rodgers  
Delta Intergroup Treasurer



Delta Intergroup of A.A.  
Income/Expense Report  
August 12, 2020

| INCOME                        |                      |                    |                     | EXPENSES                       |                    |                    |                     |
|-------------------------------|----------------------|--------------------|---------------------|--------------------------------|--------------------|--------------------|---------------------|
| Account                       | July 2019            | July 2020          | YTD.                | Account                        | July 2019          | July 2020          | YTD.                |
| <b>GENERAL FUND</b>           |                      |                    |                     |                                |                    |                    |                     |
| From Saturday Night Live      | \$ 256.63            | \$ -               | \$ 1,034.49         | Rent                           | \$ 900.00          | \$ 900.00          | \$ 6,300.00         |
| From Unity Day                |                      |                    | \$ 254.94           | Insurance                      |                    | \$ 108.41          | \$ 757.95           |
| From 7th Tradition            | \$ 738.19            | \$ 1,778.54        | \$ 12,396.64        | Alamo Alarm                    | \$ 48.00           | \$ 48.00           | \$ 336.00           |
|                               |                      |                    | \$ -                | Utilities                      | \$ 156.40          | \$ 151.45          | \$ 853.13           |
|                               |                      |                    | \$ -                | AT&T HelpLine                  | \$ 55.39           | \$ 64.17           | \$ 426.87           |
|                               |                      |                    | \$ -                | AT&T Internet/Off. Phone       | \$ 108.03          | \$ 203.38          | \$ 746.68           |
|                               |                      |                    | \$ -                | Copy Machine Rental            | \$ 371.86          | \$ -               | \$ 2,305.39         |
|                               |                      |                    | \$ -                | Copy Maintenance               | \$ 63.61           | \$ -               | \$ -                |
|                               |                      |                    | \$ -                | Instant Ink                    | \$ 21.79           | \$ 21.79           | \$ 152.53           |
|                               |                      |                    | \$ -                | Office Manager Mileage         | \$ 150.00          | \$ 150.00          | \$ 1,050.00         |
|                               |                      |                    | \$ -                | PI/CPC Pamphlets (Est.)        | \$ 75.00           | \$ -               | \$ 85.00            |
|                               |                      |                    | \$ -                | Office Supplies                | \$ 398.34          | \$ 1.09            | \$ 310.39           |
|                               |                      |                    | \$ -                | Stamps (Taxes Cert. Mail)      |                    | \$ -               | \$ 73.58            |
|                               |                      |                    | \$ -                | SNL Rent                       | \$ 85.00           |                    | \$ 255.00           |
|                               |                      |                    | \$ -                | Tax/Registration Fees          |                    |                    | \$ 82.00            |
|                               |                      |                    | \$ -                | Alarm Upgrade to LTE           |                    |                    | \$ 135.90           |
|                               |                      |                    | \$ -                | BTG Postal Box                 |                    |                    | \$ 106.00           |
|                               |                      |                    | \$ -                | Tax Accountant                 | \$ 225.00          |                    |                     |
|                               |                      |                    | \$ -                | Newsletter Postage             |                    |                    | \$ -                |
| <b>TOTAL INCOME</b>           | <b>\$ 994.82</b>     | <b>\$ 1,778.54</b> | <b>\$ 13,686.07</b> | <b>TOTAL EXPENSES</b>          | <b>\$ 2,658.42</b> | <b>\$ 1,648.29</b> | <b>\$ 13,976.42</b> |
| <b>LITERATURE ACCOUNT</b>     |                      |                    |                     |                                |                    |                    |                     |
| From General Sales            | \$ 1,816.24          | \$ 1,597.51        | \$ 9,254.20         | Literature                     | \$ 1,167.00        | \$ 540.89          | \$ 4,443.39         |
| From New Year's Eve           |                      |                    | \$ 181.00           | Medallions                     | \$ 206.55          | \$ 151.60          | \$ 992.55           |
| From Saturday Night Live      |                      |                    | \$ 481.10           | Special Medallions             | \$ 538.05          | \$ 42.00           | \$ 1,457.82         |
| From Unity Day                |                      |                    | \$ 187.95           | Postage (Mailing Chips)        | \$ 10.10           |                    | \$ 27.01            |
|                               |                      |                    | \$ -                | Franchise Tax board            | \$ 507.00          | \$ 154.00          | \$ 1,271.00         |
|                               |                      |                    | \$ -                | Bank Fees                      |                    |                    | \$ -                |
|                               |                      |                    | \$ -                |                                |                    |                    | \$ -                |
|                               |                      |                    | \$ -                |                                |                    |                    | \$ -                |
| <b>Total Income</b>           | <b>\$ 1,816.24</b>   | <b>\$ 1,597.51</b> | <b>\$ 10,104.25</b> | <b>Total Expenses</b>          | <b>\$ 2,428.70</b> | <b>\$ 888.49</b>   | <b>\$ 8,191.77</b>  |
| <b>SPECIAL EVENTS</b>         |                      |                    |                     |                                |                    |                    |                     |
| Fall Fest Deposit Refund      | \$ -                 |                    | \$ 472.00           | Unity Day Rent                 |                    |                    | \$ 1,690.00         |
| Unity Day Income              |                      |                    | \$ 2,070.00         | Unity Day Food                 |                    |                    | \$ 192.25           |
| Unity Day Deposit Refund      |                      |                    | \$ 800.00           | Unity Day Decorations          |                    |                    | \$ 116.95           |
| New Year's Eve                |                      |                    | \$ -                | Unity Day Supplies             |                    |                    | \$ 47.00            |
| NYE Deposit Refund            |                      |                    | \$ 480.00           | Bank Fees                      |                    |                    | \$ 60.00            |
| Spring Fest                   |                      |                    | \$ -                | NYE Raffle Prize               |                    |                    | \$ -                |
| "I Am Responsible"            |                      |                    | \$ -                | Fall Fest 2019 Deposit         |                    |                    | \$ -                |
|                               |                      |                    |                     | Spring Fest 2019               |                    |                    |                     |
|                               |                      |                    |                     | "I Am Responsible"             |                    |                    |                     |
| <b>Total Income</b>           |                      |                    | <b>\$ 3,350.00</b>  | <b>Total Expenses</b>          | <b>\$ -</b>        | <b>\$ -</b>        | <b>\$ 2,106.20</b>  |
| <b>SAVINGS ACCOUNT</b>        |                      |                    |                     |                                |                    |                    |                     |
| Interest                      | \$ 0.02              | \$ 0.04            | \$ 0.28             | No Expenses                    |                    |                    | \$ -                |
| <b>Total Income</b>           | <b>\$ 0.02</b>       | <b>\$ 0.04</b>     | <b>\$ 0.28</b>      | <b>Total Expenses</b>          | <b>\$ -</b>        | <b>\$ -</b>        | <b>\$ -</b>         |
| <b>CERTIFICATE OF DEPOSIT</b> |                      |                    |                     |                                |                    |                    |                     |
| Interest                      |                      |                    | \$ 5.89             | No Expenses                    |                    |                    | \$ -                |
| <b>Total Income</b>           |                      | <b>\$ -</b>        | <b>\$ 5.89</b>      | <b>Total Expenses</b>          | <b>\$ -</b>        | <b>\$ -</b>        | <b>\$ -</b>         |
| <b>Total Combined Income</b>  | <b>\$ 2,811.08</b>   | <b>\$ 3,376.09</b> | <b>\$ 27,146.49</b> | <b>Total Combined Expenses</b> | <b>\$ 5,087.12</b> | <b>\$ 2,536.78</b> | <b>\$ 20,877.54</b> |
| <b>NET PROFIT/LOSS</b>        | <b>\$ (2,276.04)</b> | <b>\$ 839.31</b>   | <b>\$ 6,268.95</b>  |                                |                    |                    |                     |



Delta Intergroup of Alcoholics Anonymous  
Central Office Donations Report  
January 2020-December 2020  
Monthly Log of Donations

| Fellowship                   | July '20  | YTD       | Fellowship                   | July '20           | YTD              |
|------------------------------|-----------|-----------|------------------------------|--------------------|------------------|
| 20/40 Plus Group             |           | \$ -      | Lodi Solutions               |                    | \$ 500.00        |
| Al-Anon                      |           | \$ 100.00 | Manteca Fellowship           |                    | \$ 2,148.17      |
| Anonymous Estate             |           | \$ 42.49  | Maple Square                 | \$ 506.05          | \$ 2,284.99      |
| Anonymous Individual         | \$ 55.13  | \$ 836.59 | Mokelumne Hill               |                    | \$ -             |
| Babes in Recovery            | \$ 62.92  | \$ 252.02 | Morada Fellowship            |                    | \$ 100.00        |
| Back to Basics               |           | \$ 50.00  | Murphy's Group               |                    | \$ -             |
| Bi-Lingual Group             |           | \$ -      | Normandy Group               |                    | \$ -             |
| Big Bookers                  | \$ 80.00  | \$ 768.27 | Northside Fellowship         |                    | \$ -             |
| Birthday Gratitude (Note 1.) | \$ 75.00  | \$ 260.00 | P.I./C.P.C.                  |                    | \$ 69.95         |
| Business Persons Lunch       | \$ 500.00 | \$ 500.00 | P.I./C.P.C. - Modesto        |                    | \$ -             |
| Cash Customer                |           | \$ 38.36  | Pershing Fellowship          | \$ 143.02          | \$ 1,052.07      |
| Cherokee Fellowship          |           | \$ -      | Pine Grove                   |                    | \$ -             |
| Coffee Break                 |           | \$ -      | Porter Group                 |                    | \$ 704.39        |
| Copper Group                 |           | \$ -      | Primary Purpose (Stock)      | \$ 200.00          | \$ 430.00        |
| DCO Blue Can                 | \$ 10.81  | \$ 188.92 | Railroad Flat                |                    | \$ -             |
| DCO Business Meeting         |           | \$ 80.95  | Rainbow Fellowship           |                    | \$ -             |
| District 37                  | \$ 150.00 | \$ 350.00 | Recovery Central             |                    | \$ 301.53        |
| Don't Drink Today            |           | \$ 349.23 | Ripon Group                  |                    | \$ -             |
| Eastside Group               |           | \$ -      | Ripon Not All Here Yet       |                    | \$ -             |
| El Grupo Refugio             |           | \$ -      | River Pines Monday           |                    | \$ -             |
| End of the Line              |           | \$ -      | S.I.S. (Sisters in Sobriety) |                    | \$ 89.82         |
| Escalon Grapevine            |           | \$ 25.00  | Saturday Night Live          |                    | \$ 351.63        |
| Exodus Men's Group           |           | \$ -      | Sonora District 33           |                    | \$ 300.00        |
| Fremont Fellowship           | \$ 25.00  | \$ 75.00  | Stockton Group               |                    | \$ -             |
| Galt Fellowship              |           | \$ -      | Surrender to Win             |                    | \$ -             |
| Galt Garden Club             |           | \$ -      | Sutter Creek Men's Group     |                    | \$ -             |
| Ground Zero                  |           | \$ -      | Third Legacy Meeting         |                    | \$ -             |
| Grupo Lodi                   |           | \$ -      | Tickets                      |                    | \$ -             |
| Hand in Hand                 |           | \$ -      | Tracy Fellowship             |                    | \$ -             |
| I Am Responsible             |           | \$ -      | Valley Sober Living          |                    | \$ -             |
| Jackson Women's Conf         |           | \$ -      | Valley Springs Fellowship    |                    | \$ -             |
| KISS                         |           | \$ 50.00  | Valley Springs ODAAT         |                    | \$ -             |
| Last Chance House            |           | \$ -      | West Point AA                |                    | \$ 30.00         |
| Last Stand                   |           | \$ 40.00  | Women in Recovery            |                    | \$ 60.00         |
| Lathrop                      |           | \$ -      | Yosemite New comers          |                    | \$ 500.00        |
| Lodi Lite                    |           | \$ 237.72 | Young People's Candlelight   |                    | \$ -             |
| Lodi Primary Purpose         |           | \$ -      | Special Events               |                    | \$ 499.90        |
|                              |           |           | <b>Total This Month</b>      | <b>\$ 1,807.93</b> |                  |
| <b>TOTAL YEAR-TO-DATE</b>    |           |           | <b>\$</b>                    |                    | <b>13,667.00</b> |

(Note 1.) This donation came in on June 30, but I overlooked it. So I'm including it in this month's total.





Delta Central Office  
**Assistant Manager's Report**  
August 12, 2020

**Website:** We continue to update the meetings, virtual and physical, as fast as we can. Please keep the information flowing into us. Use the email [meetings@aadelta.org](mailto:meetings@aadelta.org). We will update the website as we receive the information, and we will update the *Printable Schedule* as part of the Newsletter around the 15th of the month.

**Newsletter:** Keep your eyes peeled for some changes to our newsletter this month. We think you'll like them

**Helpline:** All the helpline positions are filled at this time. We are receiving about 30-40 calls a month. PI/CPC has been in touch with the 12-Step volunteers from the Lodi helpline.

**Court Cards:** I ran across a really slick way to "sign" Court Cards from a Zoom meeting. Have the member email the group. The group can then email a confirmation of the member's attendance. This would require that the IGR's set up emails for their groups as we have discussed in prior meetings. We do not want individuals using their personal emails for this purpose.

**Saturday Night Live:** Our first Zoom SNL on August 1 was great success for a first effort. We had 53 members celebrating 370 years of sobriety. Pershing Fellowship is gearing up to host on September 5. See the flyer posted in the chat.

**Fall Fest:** The members from the Tracy/Manteca/Lathrop area have declined the opportunity to host a virtual Fall Fest. I would like to suggest, in new business, that we form an area-wide panel to host Fall Fest on line this year. This would be a great opportunity to get speakers from outside this area. And, if we need more time, we could schedule it for early November.

**Front Office Printer:** I have downgraded our Instant Ink from 700 to 300 copies a month, reducing cost from \$21.79 to \$10.78 a month. We can raise it instantly when our needs increase.

**2020 International Convention Virtual Site:** "*Love and Tolerance Is Our Code*" There is a very interesting website at:

[www.aa.org/pages/en\\_us/international-convention-2020](http://www.aa.org/pages/en_us/international-convention-2020)

You'll find recordings of about 25 speakers, including some old timers from 1957-1970, some archive photos of past conventions, and a neat little summary of the history of the Grapevine. This virtual presentation is only open through the end of August, so do give it a look see while you still can.

As always, thank you for listening.

Lynne Rodgers  
Assistant Manager



Public Information and Cooperation  
with the Professional Community Committee  
Report to Intergroup  
August 12, 2020

The PI/CPC Committee met via Zoom on Saturday, August 8:

The Committee is happy to announce that the Alcohol Recovery Center has resumed DUI classes online and will be having the Committee conduct presentations, tentatively beginning the second Saturday in September. The Committee will use the customary panel format. There is a new facility contact in charge of the presentations and the Committee will work with the facility on how best to make AA literature available.

The Committee has targeted roll-out of the Beginners' Meetings Series in September, after the experience of the first virtual presentation at ARC. The Committee is recommending that the Delta Intergroup purchase its own Zoom account, so that the Committee can set up a recurring Beginners' Meeting Series, with the information posted on the Delta Intergroup website. Outreach will take several forms:

The availability will be made known to Groups, so that they can send newcomers to the series.

Treatment programs will be notified. Facilities may arrange to have an in-house series presented to meet the times and needs of their recipients. (This way, they can also be responsible for their own attendance verification)

The Committee will notify the solo practitioners, behavioral health specialists and EAP's of the availability of the online presentations, and how to access it.

The Committee will undertake a review of the Informational Pamphlet for newcomers currently posted on the Intergroup website. First observations included the visual presentation of the material. Committee members will examine the content with further discussion at the September meeting.

Informational requests are being received through the website (forwarded to [picpcaa-delta@gmail.com](mailto:picpcaa-delta@gmail.com))

As of August 8, there were 12 directed to the PI/CPC email, with several prior to the PICPC email.

Most are questions about meetings, how to get into AA. Several were from Tuolumne County, and were referrals from the Court. The sense was the Tuolumne Court was referring with little knowledge of AA. The Committee has contacted the DCM in District 33. The Delta Intergroup Teleservice Coordinator has been contacted with regard to any 12<sup>th</sup> Step inquiries which come through the email. In addition, the Committee was contacted by CCF in Sacramento, which is interested in what the Committee is doing here. The program has strong potential and the Committee is excited about the possibilities.

**Bridging the Gap:** The Bridging the Gap subcommittee is in need of a coordinator. Please contact Melody T. if curious about the position description. Nevertheless, the PO Box is being checked for mail. BTG will be offered to the solo practitioners in the San Joaquin County vicinity in addition to the treatment and correctional facilities. The Committee is creating a list and plans individual communication.

In love and service,  
Melody T., Chair

Delta Intergroup Presents  
**SATURDAY NIGHT LIVE**  
**9/5/20**

**HOST**  
**PERSHING FELLOWSHIP**

**SPEAKER**  
**DAVE W. - 23 YEARS**  
**Pacific Group, Los Angeles**

*Room Opens: 7:30 p.m.*

*A.A. Meeting: 8:00 p.m.*

**id: 369-051-0958**

**pw: ZOOMSNL**

**ON [www.zoom.us](http://www.zoom.us)**

**CLICK JOIN MEETING**

**ENTER ID & PASSWORD (ALL CAPS)**



**Hand in Hand**  
**Women's Day of Unity**

*An Alcoholics Anonymous  
Event for Women*

**Saturday**  
**September 12, 2020**  
**10:00 AM**  
**to**  
**2:30 PM PST**  
(Virtual Doors OPEN at 9:45 AM)

**Treading the Road to a Happy Destiny**

10:00 am **Welcome & Serenity Prayer**  
Suzell T.

10:10 am **Panel Discussion**  
Topic - **Embracing Change**  
*Emotional Sobriety*  
*Weeding the Garden*  
*Spiritual Awareness*

11:15 am **Speaker**  
Lorraine MacD. (Placerville, CA)

12:20 pm **Panel Discussion**  
Topic - **Common Problems, Common Solutions**  
*My Personal Safety*  
*The Only Requirement for Membership*  
*Coronavirus - Protecting Ourselves and AA as a Whole*

1:25 pm **Speaker**  
Doreen S. (Redding, CA)

2:30 pm **Closing**

**ZOOM**  
**Convention**  
**Registration is FREE!**

**Online Event ONLY!**  
**Space is limited.**  
**Pre-registration encouraged!**

[To save your spot and register, please click this link.](#)

For questions, call Suzell T. (209)484-8459 or Toni B. (209)322-5147  
Once registered, you will receive an email confirmation  
containing the information to join the Zoom convention!